

# Words Practice Sheet

Love

Love

Love

Joy

Joy

Joy

Peace

Peace

Peace

Hope

Hope

Hope

Dream

Dream

Dream

Faith

Faith

Faith

Family

Family

Family

Create

Create

Create

Grace

Grace

Grace

Inspire

Inspire

Inspire

Strength

Strength

Strength

# Words Practice Sheet

Believe

Believe

Believe

Happiness

Happiness

Happiness

Forever

Forever

Forever

Courage

Courage

Courage

Harmony

Harmony

Harmony

Beauty

Beauty

Beauty

Trust

Trust

Trust

Freedom

Freedom

Freedom

Journey

Journey

Journey

Serenity

Serenity

Serenity

Kindness

Kindness

Kindness

# Phrases Practice Sheet

1. Choose happiness Choose happiness

Choose happiness Choose happiness

2. Follow your heart Follow your heart

Follow your heart Follow your heart

3. Live, laugh, love Live, laugh, love

Live, laugh, love Live, laugh, love

4. You are enough You are enough

You are enough You are enough

5. Believe in yourself Believe in yourself

Believe in yourself Believe in yourself

6. Never give up Never give up

# Phrases Practice Sheet

Never give up

Never give up

7. Stay positive

Stay positive

Stay positive

Stay positive

8. Good vibes

Good vibes

Good vibes

Good vibes

9. Be fearless

Be fearless

Be fearless

Be fearless

10. Rise up

Rise up

Rise up

Rise up

11. Shine your light

Shine your light

Shine your light

Shine your light

# Phrases Practice Sheet

1. *Every moment is a fresh beginning.*

*Every moment is a fresh beginning.*

2. *Happiness is not by chance, but by choice.*

*Happiness is not by chance, but by choice.*

3. *Collect moments, not things.*

*Collect moments, not things.*

4. *Start each day with a grateful heart.*

*Start each day with a grateful heart.*

5. *The best time for new beginnings is now.*

*The best time for new beginnings is now.*