

# Words Practice Sheet

Love

Love

Love

Joy

Joy

Joy

Peace

Peace

Peace

Hope

Hope

Hope

Dream

Dream

Dream

Faith

Faith

Faith

Family

Family

Family

Create

Create

Create

Grace

Grace

Grace

Inspire

Inspire

Inspire

Strength

Strength

Strength

# Words Practice Sheet

Believe

Believe

Believe

Happiness

Happiness

Happiness

Forever

Forever

Forever

Courage

Courage

Courage

Harmony

Harmony

Harmony

Beauty

Beauty

Beauty

Trust

Trust

Trust

Freedom

Freedom

Freedom

Journey

Journey

Journey

Serenity

Serenity

Serenity

Kindness

Kindness

Kindness

# Phrases Practice Sheet

1. Choose happiness

Choose happiness

Choose happiness

Choose happiness

2. Follow your heart

Follow your heart

Follow your heart

Follow your heart

3. Live, laugh, love

Live, laugh, love

Live, laugh, love

Live, laugh, love

4. You are enough

You are enough

You are enough

You are enough

5. Believe in yourself

Believe in yourself

Believe in yourself

Believe in yourself

6. Never give up

Never give up

# Phrases Practice Sheet

*Never give up*

*Never give up*

7. *Stay positive*

*Stay positive*

*Stay positive*

*Stay positive*

8. *Good vibes*

*Good vibes*

*Good vibes*

*Good vibes*

9. *Be fearless*

*Be fearless*

*Be fearless*

*Be fearless*

10. *Rise up*

*Rise up*

*Rise up*

*Rise up*

11. *Shine your light*

*Shine your light*

*Shine your light*

*Shine your light*

# Phrases Practice Sheet

1. Every moment is a fresh beginning.

Every moment is a fresh beginning.

2. Happiness is not by chance, but by choice.

Happiness is not by chance, but by choice.

3. Collect moments, not things.

Collect moments, not things.

4. Start each day with a grateful heart.

Start each day with a grateful heart.

5. The best time for new beginnings is now.

The best time for new beginnings is now.