

# Faux Practice Sheet

1. **Luminous**

Luminous

Luminous

Luminous

2. **Wonder**

Wonder

Wonder

Wonder

3. **Sparkle**

Sparkle

Sparkle

Sparkle

# Faux Practice Sheet

1. stay humble

stay humble

2. be fearless

be fearless

3. rise up

rise up

# Faux Practice Sheet

1. Live life with purpose

Live life with purpose

2. Stay true to yourself

Stay true to yourself

3. Trust the timing always

Trust the timing always

# Flourishing Practice Sheet

1. Cherish

Cherish

Cherish

Cherish

2. Gentle

Gentle

Gentle

Gentle

3. Thrive

Thrive

Thrive

Thrive

# Flourishing Practice Sheet

1. hello sunshine

hello sunshine

2. Good vibes

Good vibes

3. shine bright

shine bright